

What is Wellspring?

Wellspring is a centre for psychotherapy and counselling which aims to make therapy available to all, irrespective of income. It is a place where people can come when they need help or when they want to make changes in their life. Here, someone will listen without judging, and clients can be helped to find their own source of insight and healing, and more effective ways of coping.

Help can be offered to individuals, couples and families, and to people meeting in groups. However, Wellspring is not a crisis centre and does not offer an emergency service.

We are a team of therapists holding a common purpose, which is to provide a high standard of professional practice that both honours and respects the individual. All Wellspring therapists are experienced practitioners who have undergone their own personal therapy.

Arranging a Placement

Wellspring can provide a few placements for students on the University of Edinburgh Postgraduate Diploma in Counselling training course.

Students will be considered for interview for a placement when they complete and submit an application form, available from the Wellspring office.

It is *essential* that students on placement at Wellspring have undergone or are currently receiving personal counselling or therapy.

For an application to be accepted there must be a suitable, qualified supervisor available on the Wellspring staff who is prepared to take the student. Wellspring reserves the right to refuse to take any particular student.

Supervision at Wellspring

Wellspring supervisors undertake supervision provided that the philosophy and approach of both course and student are compatible with those of Wellspring.

The supervisor will provide at least 40 hours of one-to-one counselling supervision for 200 hours of client counselling work.

Clients are asked if they are willing to work with a counsellor in training and in supervision with a Wellspring therapist. The supervisor is responsible for clients seen by the student.

Fees

The current supervision fee is £40 per session. Students pay £20 of this and Wellspring contributes the balance.

Counsellors in training negotiate counselling fees (on a sliding scale) with clients. These fees go to Wellspring.

Assessment

In accordance with University of Edinburgh Guidelines supervisors will submit interim reports and a final evaluative report.

Students should mention their placement at Wellspring in any subsequent statement about their counselling training, such as in a curriculum vitae.

To Apply

Request a Placement Application Form from:

Wellspring
13 Smith's Place, Edinburgh EH6 8NT
Tel 0131-553 6660
Email mail@wellspring-scotland.co.uk

How to get to Wellspring

Wellspring

COUNSELLING PLACEMENTS

Therapists' Trainings Include

Art Therapy

Core Process

Dreamwork

Hypnotherapy

Person Centred

Psychodynamic

Solution-Focused Brief Therapy

Transpersonal



Buses 7, 10, 12, 14, 16, 22, 25, 35, 49

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